



30 School St.
Tilton, NH 03276
(603) 286-4342
tiltonschool.org

Coordinator of Strength and Conditioning

(full-time, exempt, school-year)

Tilton School seeks an energetic **Strength and Conditioning Coordinator** with a passion for developing and maintaining a strength and conditioning program for all sports, with three major goals of improving athletic performance, reducing athletic injuries, and teaching life-long wellness, fitness, and movement skills. The Coordinator position will be responsible for establishing policies, plans and procedures for safe and professional day-to-day operations. This position reports to the Director of Athletics.

Preference will be given to candidates who can demonstrate:

- A Bachelor of Science Degree in Kinesiology or related field;
- Outstanding skills in oral and written communication;
- A strong working knowledge in analysis and techniques of strength training;
- Professional certifications such as NSCA Certified Strength and Conditioning Specialist CSCS or equivalent;
- Experience or expertise in strength and conditioning programming for High School populations;
- Design pre-season, in-season, and off-season programs for all school athletic programs;
- Ability to work well and be able to highly motivate in a student-centered surrounding;
- Ability to design and facilitate monthly Community Wellness Workshops covering topics including: nutrition, sleep, the dangers of supplements and other important health and wellness topics;
- An eagerness to work in an intense, changing and supportive learning community.

Applicants must be able to attend a 1st Year Faculty Workshop in mid- August.

Other duties for this position include: participation as an athletic coach for one season and active participation in our Residential Life Program including weeknight and weekend supervision.

Interested applicants should send a cover letter, resume, and contact information for three references to employment@tiltonschool.org

At Tilton School, all persons shall have the opportunity to be considered for employment without regard for race, religion, natural origin or ancestry, citizenship, age, disability, marital status, sex, sexual orientation, or any other category protected by state or federal law. The School does not discriminate on the basis of race, religion, national or ethnic origin, citizenship, age, disability, marital status, sex, sexual orientation, or any other category protected by state or federal law in the administration of employment practices or procedures, promotion, or application of employee policies and benefits.

For more information about Tilton School, please visit our [website](#).